

# Fun Fact & Quotes from "Getting Sorted is Essential for Change"

## Self-Improvement



Self-improvement seems to be a priority to people of all ages. The industry was worth about 13.2 Billion Dollars in 2021.

## C. S. Lewis



"I pray because I can't help myself. I pray because I'm helpless. It doesn't change God - it changes me."

## Billy Graham



"Often God answers our prayers not by taking our problems away, but by giving us the strength and wisdom to deal with them."

## Dana Ferguson



"We need to pack up negative self-talk and stop comparing our lives with social media. We don't have to be famous to be fabulous to God!"

## Psalms 124:6-8 NLT



"Praise the Lord, who did not let their teeth tear us apart! We escaped like a bird from a hunter's trap. The trap is broken, and we are free! Our help is from the Lord, who made heaven and earth."

Read it at [RegularGirlDevos.com](https://www.RegularGirlDevos.com)