

# What I Know Now About Regrets

A mind caught up in what-ifs and regrets can be like an F5 tornado leaving a barren landscape of uprooted memories and demolished dreams.



We can't do anything to change our past. Life is not a Hollywood fantasy. Would different choices really have changed the trajectory of our lives?

"God will only give you what you would have asked for if you knew everything he knows."

*Timothy Keller*



Meet God in daily moments. Rely on His promises to enlighten the future. Allow storms to pass as the light of Christ breaks through any clouds of doubt.

Jesus responded, "Why are you afraid? You have so little faith!" Then he got up and rebuked the wind and waves, and suddenly there was a great calm. *Matthew 8:26*

