

What I Know Now About People Pleasing

“Be who you are and say what you feel, because those who mind don't matter, and those who matter don't mind.”
— Bernard M. Baruch



We get nowhere

People pleasing is like riding a carousel. We go up and down, and round and round, but get nowhere.

We lose Identity

We lose our identity in living to please others. Trying to meet everyone's expectations will make us crazy, not happy!



Just Be You!

God loves you in this moment, not for what you are doing, but for who you are – just YOU!

See it God's way

Today, stop striving to please and enjoy being you. God knows everything about you and knows your heart. He offers you His acceptance and confidence that you are enough in Him.

